

## Client Information

In order to maximize the effectiveness and safety of your massage sessions, please take the time to carefully complete this form. This information will be treated confidentially.

Name \_\_\_\_\_ D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_ Referred by \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Occupation \_\_\_\_\_ Preferred Phone (\_\_\_\_) \_\_\_\_\_ ☐ Home ☐ Work ☐ Cell  
 Email Address \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
 Have you had a professional massage before? ☐ Yes ☐ No  
 What are your goals/concerns for today's session? \_\_\_\_\_  
 Check any of the following that apply to you: ☐ Stress ☐ Pain ☐ Self-help ☐ Relaxation ☐ Other  
 Please state any recent or past injuries or medical treatments \_\_\_\_\_

Please indicate any allergies \_\_\_\_\_

Please check the following conditions that apply or have applied to you:

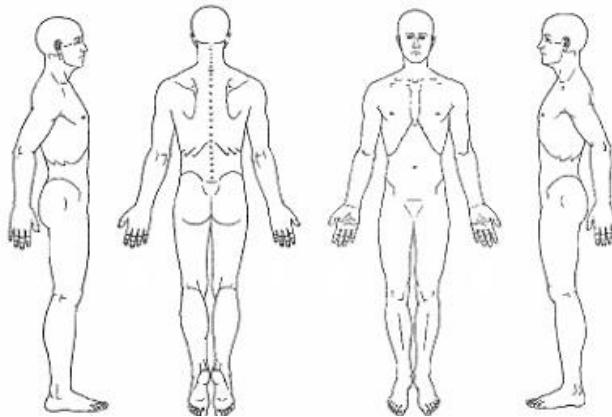
- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Abdominal Hernia | <input type="checkbox"/> Cold Feet/Hands | <input type="checkbox"/> Heart Condition      | <input type="checkbox"/> Severe Depression   |
| <input type="checkbox"/> Arthritis        | <input type="checkbox"/> Constipation    | <input type="checkbox"/> Herniated Disc       | <input type="checkbox"/> Severe Irritability |
| <input type="checkbox"/> Back Pain        | <input type="checkbox"/> Diabetes        | <input type="checkbox"/> High Blood Pressure  | <input type="checkbox"/> Shortness of Breath |
| <input type="checkbox"/> Blood Clots      | <input type="checkbox"/> Diarrhea        | <input type="checkbox"/> Loss of Balance      | <input type="checkbox"/> Sinusitis           |
| <input type="checkbox"/> Broken Bones     | <input type="checkbox"/> Ears Ringing    | <input type="checkbox"/> Low Blood Pressure   | <input type="checkbox"/> Skin Disorders      |
| <input type="checkbox"/> Bursitis         | <input type="checkbox"/> Edema           | <input type="checkbox"/> Menstrual Pain/PMS   | <input type="checkbox"/> Stomach Disorders   |
| <input type="checkbox"/> Cancer           | <input type="checkbox"/> Fainting Spells | <input type="checkbox"/> Neck Pain            | <input type="checkbox"/> Varicose Veins      |
| <input type="checkbox"/> Chest Pain       | <input type="checkbox"/> Headaches       | <input type="checkbox"/> Numbness: Feet/Hands |  |

Do you experience difficulty lying on your ☐ Front ☐ Back ☐ Side?

Are you under medical care or supervision now? ☐ Yes ☐ No. If yes, for what? \_\_\_\_\_

Are you currently taking any medication? ☐ Yes ☐ No. If yes, what? \_\_\_\_\_

Please indicate location(s) of sore or painful areas on the diagram below:



**Financial Policy:** We ask our clients to pay at the end of each visit, unless prior arrangements have been made.

**Cancellation Policy:** A 24-hour notice is required if you are unable to keep your appointment.

**Etiquette:** Throughout your body treatment you are discreetly covered. Inappropriate actions or language is cause for termination of treatment. We reserve the right to refuse service to anyone.

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_